



SAVE THE DATE
for the

5th Annual Central Harlem Health Revival!



Obesity: It's a Family Affair
Saturday, September 18

Youth Health Celebration
at Minisink Townhouse
Saturday, September 25

Health Walk
through Harlem to lift up health in the community
Sunday, September 26

Stay tuned for more information about the week

We meet every other Tuesday at 9:30 a.m. on the 16th Floor of Harlem Hospital
For more information, email stop_obesity@yahoo.com, 646-345-5235
or visit www.centralharlemhealthrevival.org

About CHHR

The Central Harlem Health Revival (CHHR) was created to promote a spiritual renewal in the Harlem community's commitment to living healthy lives.

The goal of CHHR is to:

- Motivate Harlem residents to adopt healthier lifestyles
- Provide tools and information to empower community residents to advocate for themselves and to learn more ways to take better care of their health
- Raise awareness of the need to focus more health resources and interventions for the Harlem community
- Bring the holistic message of body, mind, and spirit into practice

In 2006, the Office of Minority Health of the New York City Department of Health and Mental Hygiene convened the Borough of Manhattan Ecumenical Advisory Group (BMEAG) to advise on and advocate for improving the health of Manhattan residents.

Because of the magnitude of the disparity in the quality of the health and health care of Harlem residents compared with New York City as a whole, the BMEAG began with a focus on Harlem. The main event of the campaign is the *Central Harlem Health Revival*, a week-long program starting the fourth Sunday in September.

CHHR Co-Chairs

- Mrs. Patricia Butts, Abyssinian Baptist Church
- Dr. Kristie Lancaster, Canaan Baptist Church and Dept. of Nutrition, Food Studies & Public Health, New York University
- Dr. Olajide Williams, Dept. of Neurology, Harlem Hospital Center and Columbia University
- Mr. Victor Hunter, Director, DOHMH Office of Minority Health

What can you do to be a part of CHHR?

*Come to our meetings
Tell us how we can support your health events
Help plan on one of our committees
Participate in our activities
Host an event*

