

What is the Central Harlem Health Revival?

In 2006, the Office of Minority Health of the New York City Department of Health and Mental Hygiene convened the Borough of Manhattan Ecumenical Advisory Group (BMEAG) to advise on and advocate for improving the health of Manhattan residents. BMEAG chose to create the *Central Harlem Health Revival (CHHR)*, because of the disparity in health and health care of Harlem residents compared with New York City as a whole.

CHHR was created to promote a spiritual renewal in the Harlem community's commitment to living healthy lives.

The goal of CHHR is to:

- Motivate Harlem residents to adopt healthier lifestyles
- Provide tools and information to empower community residents to advocate for themselves and to learn more ways to take better care of their health
- Raise awareness of the need to focus more health resources and interventions for the Harlem community
- Bring the holistic message of body, mind, and spirit into practice



**Are you part of the Health Revival?
Come and join the movement!**

Central Harlem Health Revival

Room 16106
Harlem Hospital Center
506 Lenox Avenue
New York, NY 10037

Phone: 646-345-5235
E-mail: stop_obesity@yahoo.com
www.centralharlemhealthrevival.org



**We Want You
To Join Us For ...**

Fifth Annual Health Revival

September 2010

*Got It – Treat It
Don't Want It – Prevent It*

www.centralharlemhealthrevival.org

Blasts from the Past!

Looking Forward



Saturday, September 25 Youth Health Celebration

A Youth Health Celebration at Minisink Townhouse 646 Lenox Ave., that will feature games, entertainment, workshops, and health information for youth.



Sunday, September 26 Walk & Health Fest

A Health Walk through the community, stepping off at 2 pm and walking to a Health Fest

- Entertainment
- Information on health and health services in Harlem
- Screenings



Other CHHR 2010 Activities

- Dance Off!
Dance your way to health!
Saturday, June 26
- Obesity—It's a Family Affair
Saturday, September 18

