



Help us revive Central Harlem's commitment to healthy living!

Sunday, September 24, 2006



Health Walk to the Armory at 2 p.m.



From the State Office Building on 125th St. to the Armory bet. 142 & 143rd



If you are physically able, walk with us up Lenox Avenue to the Armory
Or, join us anywhere along the route or meet us at the Armory



Health Rally at 3:30 p.m.

to kick-off the week-long program September 24-30th

at the 369th Regiment Armory
2366 Fifth Avenue, between 142nd and 143rd Sts

The Health Rally will feature:

Dr. David Satcher and Dr. Mehmet Oz

Doug E. Fresh, the Harlem Hospital Dance Leadership Troupe, and the ARC Choir

Find out about the week's events!



Hear how our pastors have learned to make health their habit!



for more information, visit centralharlemhealthrevival.org

PLEASE SEE THE OTHER SIDE

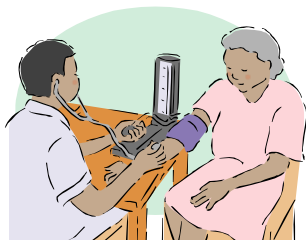
During the Week, September 24-29, 2006

A Daily Health Focus

11 a.m. – 7 p.m. Health screenings for the health topic of the day at the host site and the Armory

Throughout the Afternoon: Information sessions at the host house of worship

7 p.m.: A worship service at the host house of worship



Monday 9/25 – Diabetes

Host: Canaan Baptist Church, 132 W. 116th St.

Tuesday 9/26 – Cancer

Host: Mother AME Zion Church, 140 West 137th St.
(between Lenox and 7th Ave.)

Wednesday 9/27 – Substance Abuse, HIV/AIDS & Domestic Violence

Host: Memorial Baptist Church, 141 West 115th St. (Bishop P.R. Washington Pl.)

Thursday 9/28 – Asthma, Allergies, & Lung Diseases

Host: Salvation Army, 540 Lenox Ave. (at 137th St.)

Friday 9/29 – Cardiovascular Disease & Stroke

Host: Abyssinian Baptist Church, 132 Odell Clark Pl. (W. 138th St.)

Saturday, September 30, 2006

A Health Fair and Celebration!

12-5 p.m. on the Plaza of the Adam Clayton Powell State Office Building

Health screenings

Information about a variety of health concerns and healthy living

Fun activities including games, exercise, face painting and more!

Gospel music

For more information, visit centralharlemhealthrevival.org or call 646-253-5800



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